

Digital Health Research Infrastructures

Generating evidence for the efficacy of Telemedicine systems in Africa: Can 5G/6G test bed infrastructures help?









Bessie Malila

- 15 years work experience in Telecommunications industry
 - Zimbabwe Internet Network Infrastructure
 - Rollout of Telecommunications Digitalization projects
 - First Public Data Network Africom, Zimbabwe
 - Development of mmW radio devices, South Africa
- BSc in Electrical and Electronic Engineering, UZ
- MSc, PhD in Telecommunications Engineering, UCT
 - Mobile communication systems
 - 5G Small cell networks, mmW, SDR, Cognitive Radio
- Postdoc in Biomedical Engineering, UCT
 - Medical Imaging
 - Telemedicine and mHealth
- PI, Telemedicine and Connected Care Research

group



mHealth



Capitalization of mobile devices and the complexities of mobile networks to support medical and public health practices (1G to 5G&Beyond)



Cost-effective and secure use of ICTs in support of health and health-related fields

Telemedicine

Digital Health



Restricted to service delivery by physicians only

Telehealth



Healthcare provided by healthcare professionals in general, e.g. nurses, pharmacists etc

The Project

Aim

- To develop a secure and intelligent 5G digital health test bed infrastructure for evaluating and validating Telemedicine and mHealth applications
 - Towards building evidence for the efficacy, safety and cost-effectiveness of Digital Health solutions

What can 5G do for healthcare in Africa?

5G digital healthcare platforms would enable disease screening, remote diagnoses, remote patient monitoring and remote training of healthcare staff, by linking healthcare facilities, patients and healthcare staff.

- Telesurgery
- Telemedicine
- mHealth
- Telenursing

Mwangama, J., Malila, B., Douglas, T. *et al.* What can 5G do for healthcare in Africa?. *Nat Electron* **3**, 7–9 (2020). https://doi.org/10.1038/s41928-019-0362-7

5G and the future of health

5G networks

Creating opportunities for intelligent, efficient, quality, scalable and sustainable models of care



Source: Li, D., 2019. 5G and intelligence medicine—how the next generation of wireless technology will reconstruct healthcare?. *Precision clinical medicine*, 2(4), pp.205-208.

The Project

Objectives

- Design and implement a 5G and beyond test bed infrastructure using open-source software and off the shelf radio devices
- Model 5G smart hospitals
- Model virtual clinic systems
- Develop and evaluate various Telemedicine and mHealth applications

The Project

Motivation

- Weak healthcare delivery systems and a high burden of disease in Africa
- Increasing mobile network coverage and performance
 - Opportunity to build scalable and sustainable digital models of care for strengthening African health systems

• Project characteristics

- Multidisciplinary Telecommunications Engineering, Biomedical Engineering, Medicine, Social Sciences
- Local and international collaboration
- Industry partners
- Use of design thinking, solution co-creation and implementation sciences principles in solution design, development and testing

Existing national/regional digital health test bed programs

- Australia digital health test bed program
 - 15 projects, 600,000AUD each
- Nordic Innovation Digital Health program
 - Regional initiative
 - 56 projects from 2016 onwards
- NHS Digit
 - 40 innovators, 51 digital health products, 8 teams, £24,9 million funding

Key highlights

- Secured local funding for the project (+R1M)
- Secured international funding a 5-year international research grant (€479k) through an EU/AU funding implemented by the African Academy of Sciences
- Established Telemedicine Research Group
- Postgraduate students 5 PhDs and 6 masters
- Implemented open-source NSA 5G test bed



Research Collaborations

- North-South collaborations
 - Oulu University in Finland
 - TU Berlin
 - Worldwide Universities Network
 - Chinese University in Hong Kong,
 - Rochester University
 - University of Auckland, New Zealand
 - Maastricht University, Netherlands
 - University of Southampton, UK



Research Collaborations

- South-South
 - Kenyatta University Nairobi, Kenya
 - Millenium University Malawi, Malawi
 - Carnegie Mellon University in Africa, Rwanda

Local

- UCT department of Electrical
- UCT School of Medicine several departments
 - Surgery
 - Psychiatry
- University of Johannesburg



Key Projects The test network



- RAN
- Baicells eNodeB, National Instruments SDR
 Core
- srsEPC, OAI EPC, OPEN5GS



Key projects

Ajibola Oladokun - PhD in Biomedical Engineering

A Hyperspectral Imaging Approach for Quantitative Characterization of latent TB skin tests: Towards automated latent TB diagnosis.







Humphrey Otieno: Machine Learning Clustering, Orchestration, and Management Models for End-to-End 5G Sub-Network Slices Instances: Case of Digital Health Applications in a Local 5G E-Health Slice.

Key projects

NETWORK DATA ANALYTICS FUNCTION COMPONENT IN THE 5G CORE NETWORK NETWORK DATA ANALYTICS FUNCTION KEY: CORE COMPONENTS NWDAF- Network Data Analytics Function NWDAF-MLTF- NWDAF- Machine Learning Training Fucntion NWDAF-AnLF- NWDAF- Analytics and Logic Function ADRF- Analytical Data Repository Function Datastore ADRF NWDAF 5G Core Componets NWDAF-AnLF UPF gNB UE **gNB**



Key Projects

Maurine Chepkoech – MSc Electrical Engineering:

Telecommunications Engineering Implementation and Evaluation of a Tele haptics system over tactile 5G Internet: Towards low-cost 5Gpowered Telerobotic surgery





Key Projects

Thidilweli Denga – **MPhil Health Innovation -** Establishing the equivalence of tele-audiology and in-person audiology practice





Key Projects

Abby Blocker – MSc, PhD in Biomedical Engineering

Development and Evaluation of a virtual clinic for remote and rural communities in South Africa: The SKA project use case







Key Projects – Worldwide Universities Network



Telemental health stakeholder workshop

Dr Sandra Jumbe (MU) sjumbe@mu.ac.mw

Co-facilitators: Dr Bessie Malila, Gloria Chirwa, Joel Nyali

Maastricht University ROTHESTER









Future Aspirations

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- To create a 5G/6G real worls test network infrastructure for testing digital health applications that can be used by innovators and researchers for validation of digital models of care
- To replicate the project across African Universities
- Contribute meaningfully to the training of Biomedical Engineers and Health professionals in the field of Digital Health



